

ULRIKE'S STAR

1. Twist all pairs of bobbins the required number of times (usually 3) and arrange them hanging straight down the pillow in one group.
2. Put the far left bobbin to one side, and the far right bobbin to one side. Don't think about the remaining bobbins as "pairs", think of them in groups of two.
3. Cross all remaining bobbins, one pair after another.
4. Repeat step 2.
5. Twist all remaining bobbins, one pair after another
6. Repeat step 2.
7. Continue repeating steps 3, 4, 5 and 6 until you finally end up crossing the centre pair. Place pin and tension all threads well.
8. Divide your bobbins into two sections, left and right
9. Starting with the left hand group, take the far right bobbin of this group and travel towards the left, going over (twist) and under (cross) until you reach the left hand side. Put this bobbin aside.
10. Take the new bobbin that is now the far right bobbin of this group and travel towards the left as above. Put this bobbin aside.
11. Continue steps 9 and 10 until you end up crossing the final two bobbins.
12. Now go back to the right hand group. Take the far left hand bobbin of this group and travel towards the right, going under (cross) and over (twist) until you reach the right hand side. Put this bobbin aside.
13. Take the new bobbin that is now the far left bobbin of this group and travel towards the right as above. Put this bobbin aside.
14. Continue steps 12 and 13 until you end up twisting the final two bobbins.